

Old Town Warrenton May Events

- 1 5:30-8:30pm at **The Open Book**
Banned Books Club
- 1, 8, 15, 22, 29 11am-5pm at **The Painted Fox Tattoo Studio**
Walk in Wednesday
Every Wednesday of the month
- 1, 8, 15, 22, 29 5-9pm at **Wild Hare Cidery at the Grainery**
Cornhole & Darts Night
Every Wednesday of the month
- 2, 9, 16, 23, 30 6:30-9pm at **Wild Hare Cider at the Grainery**
Thursday Trivia
Every Thursday of the month
- 2, 9, 16, 23, 30 6pm at **The Akoya Lounge Cigar & Whiskey Bar**
Thursday Trivia
Every Thursday of the month
- 3 5:30-9pm **First Friday In Old Town Warrenton**
presented by Allegro Community School of the Arts
Live Music by Justin Trawick & the Common Good
- 3 4-5pm at **The Main Street Wellness Company**
Restorative Sound Bath
- 3, 10, 17, 24, 31 11am at **The Open Book**
Kids Story Time
- 3 5-7:30pm at **The Open Book**
Meet the Authors:
Nichole Brown & Katherine Eppley
- 3, 4 5-7pm Friday and 8-3pm Saturday
at **The Wellness Kitchen of Warrenton**
Tasting Plates
- Fridays & Saturdays 6-9pm at **Wild Hare Cider at the Grainery**
Live Music
- 3 10am-3pm at **Latitudes Fair Trade**
“What’s Her Story?”
Celebrating the “Mother” In Your Life
- 3 10am-12pm at **The Open Book**
Meet the Author: Michael Thompson
Second Saturdays of the month
- 5 11am-1pm at **The Boujee Baker Boutique**
Cinco de Mayo Cookie Decorating Class
with Stormy Acres Cookies

Old Town Warrenton May Events

- 5, 12, 19, 26 12-6pm at **Wild Hare Cider at the Grainery**
Brunch with Cidermosas
FREE French Toast for Kids
- 7, 21 5:30-7pm at **The Open Book**
Spinning Yarns Knit and Crochet Club
- 7 3-7pm at **Carter and Spence**
Permanent Jewelry Event
- 7 6:30-8:30pm at **Silver Branch Brewery**
Trivia Tuesday
Every Tuesday of the month
- 9 6-8pm at **The Boujee Baker Boutique**
Vanilla Bean Paste & Extract making class
with Stormy Acres Cookies
- 11 6-7:30pm at **The Open Book**
Open Mic Night
- 12 9-10am at **The Riverside Preserve
w/ Main Street Wellness**
Hike and Yoga \$10
- 14 6-7pm at **The Open Book**
Swords and Swoons
- 15 6:30-8pm at **The Open Book**
Mostly Fiction Book Club
3rd Wednesday of each month
- 16 6-8pm at **The Boujee Baker Boutique**
May Flowers Cookie Decorating class
with Stormy Acres Cookies
- 19 10am-1pm at **Haute Cakes Pastry Shop**
Macaron Workshop
- 20 5:30-7pm at **The Open Book**
Mental Health Monday
- 23 6:30-7pm at **The Open Book**
Mystery Book Club
- 26 5-6:30pm at **The Open Book w/ Fauquier Pride**
Open Minds Book Club

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8:30am **Ignite Fauquier w/the MEC**

65 Main Street
&

An **SBDC counselor** will be on site at MEC-Fauquier to meet with anyone needing business advice. These are free, hour-long sessions and a reserved time slot is required in advance. Slots fill up fast, but we can get you signed up if interested - please reach out to MEC-Fauquier (540)216-7100 to sign up!

Keep an eye out all over Old Town Warrenton this month for blue butterflies and surprises at local businesses. Scan this code for substance abuse, alcohol abuse, and mental health resources. There is help and hope.



Peak Season Market Saturdays from 8am-12pm Hotel and Court Streets



May is Mental Health Month. Celebrate with MHA Fauquier and Experience Old Town Warrenton!

MENTAL HEALTH AWARENESS MONTH

May has been designated as Mental Health Awareness Month in the United States since 1949! Many organizations join the national movement to raise awareness, fight stigma, provide support, and remind others that they are not alone in this struggle.

WHY A BUTTERFLY?

Our initial inspiration arose from the Morgan's Message butterfly - one of our closest community partners.

The transformative process for anyone with mental health concerns isn't easy. The butterfly represents possibility - that new beginnings are real, that re-birth can happen, and that, like butterflies taking flight after emerging from their cocoons, you can recover and reach new heights in your life.

We invite you to collaborate with the Mental Health Association of Fauquier County in May! We are launching a campaign to scatter tiny blue metal butterflies all around town and in businesses to promote the 988 hotline number and resources to help people in need of therapy, self-care, and connection with others.

Our vision is for butterfly wings with positive messaging or 988 on store windows, butterfly cookies in the bakeries, chalk drawings at the farmers market, self-care books in the bookstores, and any other ways each business can connect to the theme.

We are preparing toolkits for your use that would include butterfly coloring pages to give to customers or hang in shop windows, butterfly decor, metal butterflies with a QR code tag to a resource page on our website.

We look forward to seeing how you connect your business to this important cause. We would be happy to stop by to discuss any ideas you have!

Contact us for a toolkit: ccraddock@mhafc.org

Mental Health Association of Fauquier County

[Facebook](https://www.facebook.com/mhaof Fauquier)
[Instagram](https://www.instagram.com/mhaof Fauquier)

Main Street Architectural Scavenger Hunt

May is Preservation Month!

In partnership with EOTW, join the fun and identify the locations of all the architectural styles that we'll be introducing the first week of May.

All completed and correct submissions will be entered into a drawing for prizes! Winners will be announced June 1, 2024 via social media as well as being contacted directly.

Runs from
May 1st to
May 31st.



May is National Preservation Month! Join the Town of Warrenton and EOTW for an Architectural Scavenger Hunt like no other, through the Old Town Historic District. Visit our Facebook page for more information!